

Frequently Asked Questions



What age group is the humanKIND Curriculum designed for?

The curriculum is created specifically for Pre-K to Grade 1 (ages 4–7), aligned with early childhood development and learning standards.

Do I need to purchase the physical books?

Nope! While the physical books add to the magic, every purchase includes digital versions.

How much prep time is needed?

Very little. Lessons are low-prep, low-material, easy to follow, and designed to save you time, not add to your to-do list.

Is the curriculum aligned with Early Learning Standards?

Yes, it aligns with early learning and SEL benchmarks. Need specifics? Email us at hello@worldoflittledude.com with the subject "Early Learning Standards" to request alignments for your state.

Can I use this in a homeschool setting?

Absolutely! The humanKIND Curriculum is flexible and perfect for homeschoolers, after-school programs or small group learning.

What if we don't have time for another program?

We hear you! These lessons are short, simple, and designed to weave into your day - during circle time, story time or even transitions.

What if our teachers aren't trained in SEL?

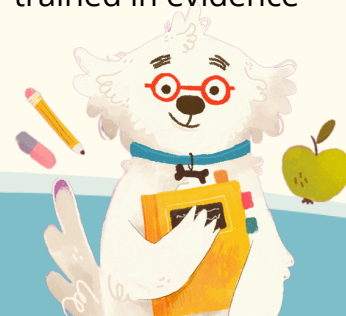
That's okay—humanKIND was created by educators, for educators. It includes step-by-step lesson plans and easy-to-use language. You'll also get a professional development video as part of the program and in-person workshops if you want more hands-on guidance.

What if we're on a tight budget?

We get it. That's why humanKIND is priced per school (not per student), making it easy to implement with grants, Title I funds, or discretionary budgets.

Is this research-based?

Yes. The curriculum is rooted in research-backed strategies in child development, emotional literacy, and inclusive classroom practices, created by a Montessori educator trained in evidence-based approaches.



Big World of Little Dude is an educational platform inspired by a real-life therapy dog, Little Dude, that teaches children (ages 3-7) community building skills through books, toys, and a fun, easy-to-use humanKIND Curriculum.



The humanKIND Curriculum is a **play-based** program for early childhood, Pre-K to Grade 1, designed to **nurture emotional intelligence** in a simple, **easy-to-implement** way for educators.

Why the humanKIND Curriculum?

- ✓ **Story-Driven Learning:** Engaging tales with Little Dude & friends build early reading skills while teaching SEL concepts.
- ✓ **Hands-On Activities:** Play-based learning, movement, and interactive lessons keep kids engaged.
- ✓ **Teacher-Friendly Approach:** No prep required, with step-by-step guidance for easy implementation
- ✓ **Building a Positive Classroom Environment:** Fosters a supportive community, minimizes disruptions, and encourages emotional growth.
- ✓ **Family Connection:** Extends SEL learning beyond the classroom with take-home resources.



Get in touch!

Email: cara@worldoflittledude.com

Website: www.worldoflittledude.com





What is Included in the humanKIND Curriculum

Program Package:

- ♥ Professional Development Training Video
- ♥ Welcome Kit: How to use the humanKIND Curriculum
- ♥ Connecting school and home:
 - Letter to families about SEL and the humanKIND Curriculum
 - 10 editable newsletters including home-based activities
- ♥ 9 books: Kindness, Feelings, Manners, Respect, Growth Mindset, Empathy, Friendship, Meditation and Courage
- ♥ Lesson plans correlating to each book theme
- ♥ Bonus Module! Community Building Project: Kids For a Greener Tomorrow
- ♥ Worksheets per theme
- ♥ Reflect-On-Learning Cards
- ♥ Classroom Management SEL-Based Strategies (for teachers)
- ♥ Know, Wonder, Learn (KWL) Chart
- ♥ Weekly Ideas Planner: Quick activities to boost SEL (includes blank planner)
- ♥ Assessment Rubric
- ♥ Teacher Reflection Audit

BONUS Material:

- ♥ My humanKIND Superpower Coloring Book
- ♥ 3 x Guided Meditations
- ♥ Activity Pack: 120 hands-on lessons and activities across all academic subjects





humanKIND Curriculum Pricing Packages

TIER 1: FOUNDATIONAL STARTER PACK

\$ 120

You receive:

A great introduction to SEL with engaging books

✓ 9-book set, hard copies

Titles include:

1. The Magic of Being Kind
2. The Big Book of Feelings
3. Manners Matter
4. You, Me & Empathy
5. The Circle of Respect
6. Growing With a Growth Mindset
7. Hello, Friend:
A Guide to Making Friends
8. Brain Vacation:
A Guide to Meditation
9. Yes, I Can: A Guide to Courage

Bonus:

✓ Digital coloring book

TIER 2: ADVANCED ADVENTURE PACK

\$ 595

You receive:

An SEL curriculum designed for easy implementation.

✓ Full humanKIND Curriculum (accessed via a digital platform)

✓ Comprehensive lesson plans, activities & educator resources

See Page 2 for a full breakdown of what's included in the humanKIND Curriculum

TIER 3: PREMIUM VIP EXPERIENCE

\$ 995

You receive:

An all-inclusive package with personalized support for educators.

✓ Everything in Tier 2, plus...

✓ Hard copies of the 9-book set

✓ Live 1-hour professional development session

✓ 1 video call with your class & Little Dude

✓ 1 private call with Cara to ask direct questions



**We Understand Your Challenges.
Here's How We Help:**

Tight Budgets? Our curriculum is cost-effective, with flexible implementation options to fit your needs.

Teacher Overload? Easy-to-use lessons require minimal prep, plus training to support educators.

No Extra Time? Lessons seamlessly integrate into daily routines without disrupting core instruction.

Need Measurable Impact? Research-backed strategies improve student behavior, well-being, and classroom culture.

Parental Concerns? We focus on developing essential life skills—fostering relationships, kindness and a growth mindset. Nothing political.

INSPIRING HEARTS AND MINDS...

ENRICHING KIDS, ONE BOOK AT A TIME.



WITH THE HUMANKIND CURRICULUM!



TESTIMONIAL

“Cara delivered a vibrant and engaging professional development at the university, highlighting the benefits of teaching foundational social and emotional skills and dog therapy. I recommend Cara’s truly transformative curriculum in every early childhood classroom!”

- Dr. Barbara Vokatis

